# BB GLOW PRE & POST CARE

Mts Therapy has little to no downtime and results can be seen in as little as 3 treatments. BB Glow treatments should be performed as soon as 3-5 weeks to get optimal results and subsequent maintenance treatments every 6-9 months. Although some instant results are seen, final results can still be noticed 3-12 months post as the lightening agents continue to take effect and collagen and elastin fibers are still maturing.

Prior to and throughout treatment clients should avoid heavy exfoliation such as strong retinols, AHA's/BHA's chemical peels and microdermabrasion. This will remove the stratum corneum and the camouflage effect will be removed quicker. Clients can continue with light exfoliation and gentle scrubs at home. Tanning beds and sun exposure should be limited 1 week pre and post treatment to avoid over sensitized skin. All laser treatments that are pigment seeking including Laser hair removal, IPL photofacial and laser resurfacing treatments are contraindicated for 2-3 months post a BB Glow treatment. Laser energy could be attracted to the iron oxides implanted in the skin and cause burns, hypo/hyper pigmentation and scarring.

## Contraindications

#### BB Glow should not be performed on the following conditions

- Active infection in the treatment area
- Active Acne
- Rosacea and telangiectasia
- Hypersensitive or reactive skin
- Acute eczema or psoriasis
- Sun burned skin
- Keloid Scarring
- Pregnant or Breast feeding women
- Uncontrolled Diabetes
- Allergies to ingredients in meso serums

Certain medications need to be avoided such as Accutane, Blood Thinners, Topical antibiotics or Steroid creams on the treated area.

#### Side Effects Normal Side Effects

- Redness
- Warmth in the treated area

Slight discomfort on forehead and peri-occular

#### **Abnormal Side Effects**

- Prolonged redness (more then 24 hours)
- Infection
- Rash/ Itchiness
- Scarring

### FOUNDATION SERUMS PIGMENTS

At Chakrayk Esthetics we have 2 preferred lines of BB Glow Foundation serums with benefits of each. There is also additional booster serums that can be combined with the treatment to give increased results. The Boosters are a clear serum that can be applied on their own with the mesotherapy device.

#### LCN Even Skin Glow

EVEN SKIN GLOW SERUMS contain light pigments that provide an effective skin improvement. The Glycerin it contains functions as moisturizer for the skin. In the skin, panthenol is being converted into pantothenic acid. Pantothenic acid improves the skin moisture of dry and sensitive skin. The skin will stay beautiful and smooth for an extended time. The active ingredient panthenol has an additional skin soothing effect. LCN Even Skin Glow Serums contain hyaluronic acid, a natural ingredient of the skin. Hyaluronic acid distinguishes itself with its extraordinary water binding capacity. Hyaluron forms an elastic layer on the skin which can contain moisture at a constant level over several hours. Based on this optimal moisture penetration the skin will obtain more elasticity. The extract from the Persian silk tree counteracts tired, sallow and lax skin. This extract combats and prevents signs of fatigue. Dull skin will receive a radiant "Glow-Effect".In addition, these Even Skin Glow Serums are suitable for vegans as they do not contain any ingredients of animal origin.